

10 Leisure Walks of Discovery A Boot Up WHARFEDALE

Keith Wood

A new title for the "A Boot up..." series of leisure walk books.

Wharfedale the most southerly of the three main dales running through the Yorkshire Dales National Park offers both easy and more challenging walking in magnificent surroundings. The limestone landscape now dominated by the local sheep was only as little as 150 years ago an industrial landscape filled with the smoke and fumes from the lead mining industry around Grassington. The Dales Way long distance trail follows the Wharfe up the dale and a number of the walks use sections of the trail.

In line with other books in the series 10 walks have been selected with the majority being short and easy; suitable for a half day with the family, but also including a couple more challenging walks to give a taste of the fell walking also available. The walks explore both the riverbank, local heritage and geological features.

ABOUT THE AUTHOR

Keith Wood is an experienced and much published local photographer and writer who has lived in Penrith on the edge of the Lake District for over 12 years. His work has been published in all the local interest periodicals including *Cumbria*, *Cumbria Life*, and *Lakeland Walker*. Additionally his work has been regularly used by Friends of the Lake District to illustrate their publications and calendars. He is a contributor to the Britain on View photo library. *A Boot up Wharfedale* is the third book of Yorkshire Dales walks following five books of Lake District Walks in the "Boot up" series.

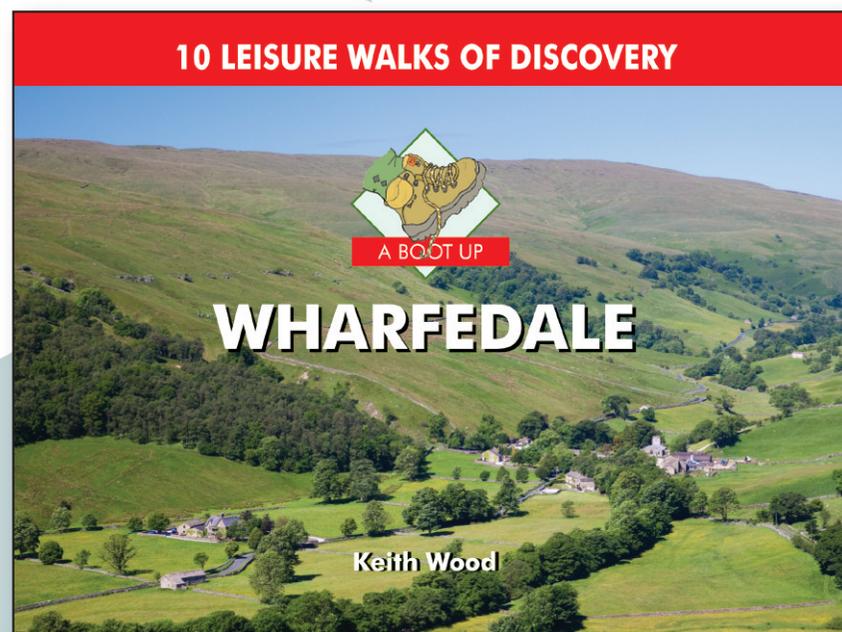
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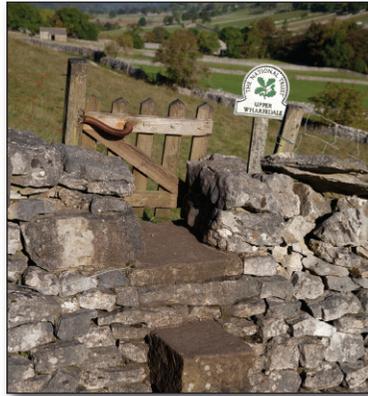


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A BOOT UP WHARFEDALE



"Through the wall stile"



The ruins of Bolton Abbey



The Wharfe meanders along the valley



Right: Arncliffe

2
Burnsall and the Wharfe

down into the village of Burnsall. Leaving the trees behind the path drops down to the riverbank and crosses three fields on the way to Burnsall Bridge. Climb up the right of steps onto the road across the bridge. All that remains is to turn right across the bridge and back to the start.

3
Hebden Gill and Grassington Moor

An exploration of Grassington's lead mining heritage

Grassington Moor was the centre of lead mining activity in Wharfedale. Records of mining date back to the thirteenth century when the monks of Fountains Abbey worked a small mine. Production peaked in the middle of the nineteenth century when upwards of 2,000 tons were produced. The mineral rights by this time were owned by the Duke of Devonshire whose principal seat of Chatsworth House in Derbyshire was largely paid for by the lead mining profits - we have already explored more of his northern estates around Bolton Abbey in Walk 1. The walk gives ample opportunity to explore the industrial heritage around the top of Hebden Gill and across Grassington Moor.

Level: 100' 100'
Length: 10 miles and time: 4 1/2 hours (7.5m)
Ascent: 600 feet and desc: 700 feet (210m)
Notes: Some steep descents but not too bad, some road walking on the moor.
Park and Shuttle: Available parking at Hebden Start ref: CR 025 623
Info: Information from the Grassington Hotel in Hebden

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Hebden Gill and Grassington Moor

Example of a double-page spread.



Edge Lane